



First Week Tracker — Page 1

Track your rabbit's adjustment to their new home

Day 1 — Arrival

- ☐ Rabbit arrived safely
- ☐ Set up housing
- ☐ Offered hay
- ☐ Offered water
- ☐ Let rabbit explore at own pace

Day 2 — Getting Comfortable

- ☐ Eating hay
- ☐ Using litter box
- ☐ Started gentle hand interactions
- ☐ Offered vegetables
- ☐ Relaxed body language

Day 3 — Building Trust

- ☐ Accepts petting
- ☐ Takes treats from hand
- ☐ More active/playful
- ☐ Longer out of cage time
- ☐ Coming to you

"Every rabbit adjusts at their own pace. Some bond in days, others take weeks — and that's perfectly okay. Your patience and love are making a difference, even if it doesn't feel like it yet. Trust the process."



First Week Tracker — Page 2

Days 4-5 — Bonding

- ☐ Coming to you willingly
- ☐ Enjoys being petted
- ☐ Takes treats gently
- ☐ More confident
- ☐ Establishing routines

Days 6-7 — Settling In

- ☐ Full personality emerges
- ☐ Confident in space
- ☐ Good appetite
- ☐ Regular droppings
- ☐ Bonding on track

Week 1 Summary

- ☐ Eating well
- ☐ Using litter properly
- ☐ Comfortable with handling
- ☐ Showing personality

"Congratulations! You've successfully bonded with your rabbit. The first week is the hardest, and you did it. Your new furry friend loves you — and the adventure is just beginning!"